



american honey

FARMER'S DAUGHTER

FARM TO TABLE / APRIL 20, 2022

Mom's Meatball Soup



This Iowa weather has been crazy lately, and I would love to see it warm up. BUT because it won't, luckily, we can still enjoy the soup season! Mom's meatball soup is one of my favorites with a flavor much like minestrone. You are going to want to try it while its hot ... the soup I mean!

Ingredients

Directions



- 2 Tbs. olive oil
- 1 small onion chopped
- 3 carrots peeled and chopped
- 3 celery stalks chopped
- 1 1/2 tsp. dried parsley
- 1 tsp. dried oregano
- 1/2 tsp. dried basil
- 1/2 tsp. garlic powder
- 1/2 tsp. onion powder
- 6 C. beef broth
- 1 can 8 oz. tomato sauce
- 1 can 14.5 oz. fire roasted tomatoes
- 1 lb. cooked meatballs
- 3/4 C. small pasta like ditalini

In a large heavy pot heat the olive oil, add the onion, carrots and celery. Cook for 7-8 minutes or until soft. Add parsley, oregano, basil, garlic powder and onion powder. Cook for 2 minutes stirring constantly. Add beef broth, tomato sauce, tomatoes and meatballs. Simmer for 7-10 minutes. Add pasta and cook for an additional 10 minutes.

Pairs great with homemade zucchini bread, as well! Try it for yourself.

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American Honey Zucchini Bread



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